

<b>P</b> ATIENCE	<b>1 Corinthians 13:4, Romans 12:12, Psalm 37:7</b>
<b>A</b> TTITUDE	<b>Ephesians 4:23, Philippians 4:8, 1John 3:18</b>
<b>T</b> RUSTING	<b>Exodus 14:14, Psalms 28:7 &amp; 37:7, Micah 7:7</b>
<b>I</b> DENTITY	<b>Colossians 3:12, 1Thessalonians 4:11-12, Isaiah 43:1</b>
<b>E</b> XPECTANCY	<b>Isaiah 30:15, Psalms 24:14, 27:7 &amp; 40:1-2</b>
<b>N</b> OBLE CHARACTER	<b>Proverbs 2:7-8, 11:16, 16:7 &amp; 31, Isaiah 57:2</b>
<b>C</b> ONTENTMENT	<b>Phil 4:11, 1Thessalonians 5:18</b>
<b>E</b> XAMPLE	<b>Titus 2:7-8, 1 Timothy 4:12, Romans 12:17, John 13:35</b>

## PATIENCE

**1 Corinthians 13:4** <sup>4</sup> Love is patient, love is kind. It does not envy, it does not boast, it is not proud. <sup>5</sup> It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. <sup>6</sup> Love does not delight in evil but rejoices with the truth. <sup>7</sup> It always protects, always trusts, always hopes, always perseveres. <sup>8</sup> Love never fails.

**Romans 12:12** <sup>12</sup> Be joyful in hope, patient in affliction, faithful in prayer.

**Psalms 37:7** <sup>7</sup> Be still before the LORD and wait patiently for him; do not fret when people succeed in their ways, when they carry out their wicked schemes.

## ATTITUDE

**Ephesians 4:23**  
**Philippians 4:8**

<sup>23</sup> to be made new in the attitude of your minds;  
<sup>8</sup> Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

**1 John 3:18** <sup>18</sup> Dear children, let us not love with words or speech but with actions and in truth.

## TRUSTING

**Exodus 14:14** <sup>14</sup> The LORD will fight for you; you need only to be still."

**Psalms 28:7** <sup>7</sup> The LORD is my strength and my shield; my heart trusts in him, and he helps me. My heart leaps for joy, and with my song I praise him.

**Psalms 37:7** <sup>7</sup> Be still before the LORD and wait patiently for him; do not fret when people succeed in their ways, when they carry out their wicked schemes.

**Micah 7:7** <sup>7</sup> But as for me, I watch in hope for the LORD, I wait for God my Savior; my God will hear me.

## IDENTITY

**Colossians 3:12**

<sup>12</sup> Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.

**1Thess. 4:11-12**

<sup>11</sup> and to make it your ambition to lead a quiet life: You should mind your own business and work with your hands, just as we told you, <sup>12</sup> so that your daily life may win the respect of outsiders and so that you will not be dependent on anybody.

**Isaiah 43:1**

<sup>1</sup> But now, this is what the LORD says—he who created you, Jacob, he who formed you, Israel: "Do not fear, for I have redeemed you; I have summoned you by name; you are mine.

## EXPECTANCY

**Isaiah 30:15**

<sup>15</sup> This is what the Sovereign LORD, the Holy One of Israel, says:

"In repentance and rest is your salvation, in quietness and trust is your strength, but you would have none of it.

**Psalms 27:14**

<sup>14</sup> Wait for the LORD; be strong and take heart and wait for the LORD.

**Psalms 37:7**

<sup>7</sup> Be still before the LORD and wait patiently for him; do not fret when people succeed in their ways, when they carry out their wicked schemes.

**Psalms 40:1-2**

<sup>1</sup> I waited patiently for the LORD; he turned to me and heard my cry. <sup>2</sup> He lifted me out of the slimy pit, out of the mud and mire; he set my feet on a rock and gave me a firm place to stand.

## NOBLE CHARACTER

**Proverbs 2:7-8**

<sup>7</sup> He holds success in store for the upright, he is a shield to those whose walk is blameless, <sup>8</sup> for he guards the course of the just and protects the way of his faithful ones.

**Proverbs 11:16**

<sup>16</sup> A kindhearted woman gains honor, but ruthless men gain only wealth.

**Proverbs 16:7**

<sup>7</sup> When the LORD takes pleasure in anyone's way, he causes their enemies to make peace with them.

**Proverbs 31**

<sup>10</sup> <sup>[b]</sup> A wife of noble character who can find?

She is worth far more than rubies.

<sup>11</sup> Her husband has full confidence in her and lacks nothing of value.

<sup>12</sup> She brings him good, not harm, all the days of her life.

<sup>13</sup> She selects wool and flax and works with eager hands.

<sup>14</sup> She is like the merchant ships, bringing her food from afar.

<sup>15</sup> She gets up while it is still night; she provides food for her family and portions for her female servants.

<sup>16</sup> She considers a field and buys it; out of her earnings she plants a vineyard.

<sup>17</sup> She sets about her work vigorously; her arms are strong for her tasks.

<sup>18</sup> She sees that her trading is profitable, and her lamp does not go out at night.

<sup>19</sup> In her hand she holds the distaff and grasps the spindle with her fingers.

<sup>20</sup> She opens her arms to the poor and extends her hands to the needy.

<sup>21</sup> When it snows, she has no fear for her household; for all of them are clothed in scarlet.

<sup>22</sup> She makes coverings for her bed; she is clothed in fine linen and purple.

<sup>23</sup> Her husband is respected at the city gate, where he takes his seat among the elders of the land.

<sup>24</sup> She makes linen garments and sells them, and supplies the merchants with sashes.

<sup>25</sup> She is clothed with strength and dignity; she can laugh at the days to come.

<sup>26</sup> She speaks with wisdom, and faithful instruction is on her tongue.

<sup>27</sup> She watches over the affairs of her household and does not eat the bread of idleness.

<sup>28</sup> Her children arise and call her blessed; her husband also, and he praises her:

<sup>29</sup> "Many women do noble things,

but you surpass them all.”

<sup>30</sup> Charm is deceptive, and beauty is fleeting;  
but a woman who fears the LORD is to be praised.

<sup>31</sup> Honor her for all that her hands have done,  
and let her works bring her praise at the city gate.

**Isaiah 57:2**

<sup>2</sup> Those who walk uprightly enter into peace; they  
find rest as they lie in death.

## CONTENTMENT

**Phil 4:11**

<sup>11</sup> I am not saying this because I am in need, for I  
have learned to be content whatever the  
circumstances.

**1Thess. 5:18**

<sup>18</sup> give thanks in all circumstances; for this is God’s  
will for you in Christ Jesus.

## EXAMPLE

**Titus 2:7-8**

<sup>7</sup> In everything set them an example by doing what  
is good. In your teaching show integrity,  
seriousness <sup>8</sup> and soundness of speech that cannot  
be condemned, so that those who oppose you may  
be ashamed because they have nothing bad to say  
about us.

**1 Timothy 4:12**

<sup>12</sup> Don’t let anyone look down on you because you  
are young, but set an example for the believers in  
speech, in conduct, in love, in faith and in purity

**Romans 12:17**

Do not repay anyone evil for evil.  
Be careful to do what is right in the eyes of  
everyone.

**John 13:35**

By this everyone will know that you are my disciples,  
if you love one another.”