

HOW TO IMPROVE YOUR LIFE FROM A TO Z

*“I have come that you
might have life, and live it
more abundantly.”*
JESUS CHRIST IN JOHN 10:10

PREPARATION

It is very important to prepare for your improvement journey before you begin.

1. Get in a quiet place where you cannot be interrupted by people, phone calls, or television.
2. Claim Matthew 18:18-19 for each day. Example: “*Lord, would you bind the unholy spirit from distracting me; and release the Holy Spirit to speak to me from the Scriptures for each day: for it is written, ‘Whatever we bind on earth shall be bound in heaven; and whatever we loose (release) on earth shall be released in Heaven.’*”
3. Personalize the Scripture for each day. Ask yourself, “How does this scripture apply to me where I am at this time in my life?”

NOW LET'S BEGIN YOUR IMPROVEMENT JOURNEY

Day 1 Attitude (*Philippians 2:5-11*)

Your attitude in today's thinking will determine your altitude for tomorrow's living.

Apppearance (*Daniel 1*)

- You never get a second chance to make the first impression someone has of you.
- There are things you can choose to change that will improve your appearance to others.

Day 2 Benevolence

(*I Corinthians 4*) (*II Corinthians 9:6-15*)

- Give 10% of your income to the Lord and His Church.
- Invest 20% of your income on things that appreciate in value (house, land, antiques, gold).
- Discipline yourself to live on 70% of income.
- “If your outgo exceeds your income, your upkeep will be your downfall.”

Day 3 Confession (*I John 1:1-9*)

- Confess your sins to God each night.
- Confess your sins to other carefully selected believers for healing. (*James 5:13-16*)

- It is very important to keep your confession only to those in the circle of the offense.

Day 4 Dedicate (*I Samuel 1*)

Dedicate each morning to the Lord . . .

- your eyes (*what you choose to see*).
- your ears (*what you choose to hear*).
- your tongue (*what you choose to taste*).
- your mouth (*what you choose to say*).
- your mind (*what you choose to think*).
- your children (*what you choose to influence in the future*).

Day 5 Encourage (*Hebrews 3:13*)

- Make a habit of encouraging at least three people each day starting with your family.
- You leave every person you talk with either encouraged or discouraged.

Day 6 Focus (*Psalms 5:7*)

- Focus on the person you are with
- Focus on what you are doing and refuse to allow your mind to be distracted to other things. Satan will try to steal your attention.

Forgive / Forget / Forge

(*Philippians 3:13, 14*)

- Forgive those who have hurt you in the past.
- Forget past mistakes, sins, and misfortunes.
- Forge on into the future believing the best is yet to come when you are in God's will.

Day 7 Guard (*Proverbs 4:23*)

- Guard your Words.
- Guard your Actions.
- Guard your Thoughts.
- Guard your Feelings.

Day 8 Honor (*Exodus 20:12*)

- God
- Parents
- Elders

Habits (*Romans 6:12; Philippians 4:8,9*)

- Your present habits are enabling you or endangering you.
- List your bad habits.
- List your good habits.

- Ask a trusted friend to help you to identify them.
- Ask God to help you correct where correction is needed with bad habits: *over eating - over sleeping - over drinking - over exercising - over talking.*

Day 9 Integrity (*Proverbs 10:9*)

Ask God to help you be a person of integrity.

Day 10 Joyful (*I Thess 5:6; Ephesians 5:18; Galatians 5:22*)

- Be filled with God's Spirit, and the fruit of JOY will be in your life.

Day 11 Kindness (*I Thessalonians 5:15*)

Be kind to everyone God brings into your life today.

Day 12 Love (*Matthew 19:19 & 22:11*)

- Love God.
- Love Self.
- Love Others.

Day 13 Meditation (*Joshua 1:8*)

- Meditation on God's Word is the secret of success.
- Meditation on God's Word is the secret of prosperity.

Day 14 Name

(Matthew 1:21, Proverbs 22:1)

- Learn the meaning of your name
- Learn the meaning of a name especially before naming your children.
- Most children live according to the meaning of their name.

Day 15 Obedience (Genesis 27:8)

- Obey God's voice heard through His Scripture.
- Obey God's voice heard through His Spirit.
- Obey God's voice heard through His Saints.

Day 16 Peacemaker (Matthew 5:9)

- Be a peacemaker in life instead of a troublemaker.
- Peacemakers are happy people.

Prayer / Praise (Psalm 100:4)

- Regular communication with God is essential for improving your life.
- Thank God for His blessings from A-Z; for example America, Beauty of Area, Church and so forth.

- Praise God for his characteristics from A-Z; for example, Awesomness, Benevolence, Compassion and so forth.

Day 17 Quiet Time (Matthew 6:5-15)

- Establish a quiet time in your daily schedule with God.
- Read and concentrate on the Proverb of the day; there is one for each day of the month.
- Get away from TV, telephone, computer and people during your quiet time.

Day 18 Relationships (Romans 12:1,2)

- Renew your mind with God's Word.
- Seek to improve every relationship you have.

Day 19 Salvation (I John 5:13)

Be certain of your eternal salvation.

- A Admit you are a sinner.
- B Believe (trust) Jesus Christ died to save you. (Romans 10:9)
- C Call on the name of the Lord for salvation. (Romans 10:13)

SALVATION PRAYER

Example: "Heavenly Father, I admit I am a sinner. I choose to repent (turn from) my sins and believe that Jesus died for my sins and rose from the grave. I call on His name to save me. Thank you Jesus for saving me."

Day 20 Thanksgiving

(I Thessalonians 5:18)

- Choose an attitude of gratitude in every situation (Not "for" but "in").
- Thank God for what you have in life and not what you have lost. Personal Health Family & Friends Spiritual & Material blessings.

Thorn

(II Corinthians 12:7)

- Believers have a thorn in their life to keep them humble.
- It is a messenger of Satan permitted by God.
- The Grace of God makes it possible to live with the thorn.
- God's strength overcomes the believers weakness with the thorn.

Day 21 Understanding (Proverbs 28:5)

- Seek the Lord for understanding.
- Strive to understand others more than they understand you.

Day 22 Victory (I Corinthians 15:57)

- You can have victory over sin. (Romans 6)
- You can have victory over Satan. (Revelation 12:11)
- You can have victory over situations. (I Thessalonians 5:17)
- You can have victory over self. (Galatians 2:20)

Day 23 Wisdom (Proverbs 1-4)

- Wisdom is the ability to see earthly circumstances from God's perspective and respond accordingly to His will.
- Ask God for wisdom for your daily decisions.

Day 24 Xunknown (Psalms 145-150)

- X stands for the unknown in mathematics.
- Praise God for all the things you don't know about Him.

Day 25 Yield (II Chronicles 30:8)

- Yield to God's plan for your life, before His pressures break and bruise you beyond usefulness.

Day 26 Zeal

(Romans 12:11; Proverb 23:17)

- Seek zeal in your life today for God before you meet Him in the future for your life's accountability time with Him.

NOW that you have gone on this journey of improvement for twenty-six days; prayerfully write down your goals in the next four days - spiritual, personal, social, financial and medical. Repeat the 26 day process for six more months and your improvements will amaze you.

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